



# Learn & Serve

with Donna

Meal Guidelines

- ♥ All meals should be scheduled in advance via the Volunteer and Outreach Coordinator, Nya Callier, at **412-246-1103** or by email at **Nya@rmhcpgh-mgtn.org**.
  - Please reach out directly with the date you'd like to reserve.
- ♥ Date must be confirmed before making payment.
- ♥ To make the \$250 donation for your meal, please visit: **<https://rmhcpgh-mgtn.org/donate/>** and click **"Learn & Serve"**.
- ♥ Once you have scheduled your meal and the donation has been received, a Learn and Serve confirmation form and menu suggestions will be sent to group leader.
- ♥ This form will be required to be returned within four business days of sign up. Here, you will provide the contact information for your group, and personalize your menu choices from our Learn and Serve menu.
- ♥ If your group needs to cancel, please contact Nya Callier as soon as possible.
  - Please note, meal donation refunds will not be given in the event of a group cancellation. The money donated will be used to supply the meal to our families in the group's absence.
- ♥ In an event of a cancellation from RMHC or the Instructor, you can request a refund, reschedule, or use the donated money to sponsor a meal.
- ♥ All meals, sides and desserts must be prepared and cooked on site in our community kitchen with the Learn and Serve Instructor.
  - Please do not bring additional items to supplement the meal.
  - No alcohol may be brought into the House. This includes its use as a food ingredient.
- ♥ If your group would like a tour of our facility during the event, please request in advanced.
- ♥ Due to the size of our kitchen and our families' compromised immune systems, please limit your group to no more than 6 individuals.
- ♥ Volunteers must be 13 years of age or older. Children under the age of 18 must be accompanied by an adult.
- ♥ **Please be prepared to spend 3-4 hours at RMH for this program.**
  - Lunch: **Arrival Time:** 10:30am **Serve Time:** 12:30pm Clean up **Begins:** 1:15pm End Time: 1:30
  - Dinner: **Arrival Time:** 3pm **Serve Time:** 6pm Clean up **Begins:** 6:45 pm End time: 7pm
- ♥ The actual number of RMHC guests attending meals varies greatly even though the House is usually full. This is due to a number of factors, none of which are predictable.
- ♥ Please keep in mind that our guests are presently experiencing crises in their lives. It is important to be empathetic but also consider our guests need for privacy and space.
- ♥ Please respect the privacy of our families, do not include them in your photos.
- ♥ Everyone preparing food should use appropriate hygiene practices and be free of any signs of illness. Remind all chefs to wash their hands thoroughly before putting on gloves.
- ♥ Food safety gloves are required in our Kitchen. You are welcome to bring your own, or gloves will be available in the Ronald McDonald House Pittsburgh kitchen.
- ♥ Please follow the food safety guidelines provided on the website: [www.foodsafety.gov](http://www.foodsafety.gov)
- ♥ ALL volunteers will be required to sign a release form upon arrival at RMH Pittsburgh.

**Thank you for providing a meal for RMHC Families! We look forward to having you!**