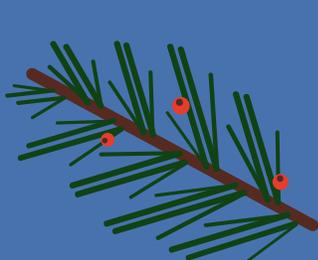




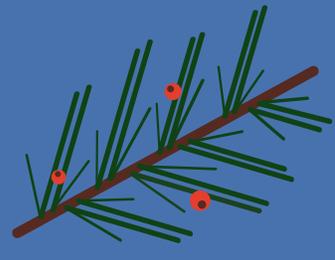
2019



# Winter Giving Guide



Ronald McDonald  
House Charities®  
Pittsburgh and Morgantown



Keeping families close®



**Winer is upon us! As the weather turns cold, you can warm the hearts of families who have traveled far from home for their child's medical care.**

Ronald McDonald House Charities of Pittsburgh and Morgantown has created a winter catalog that lists all of the opportunities that are available to support the families at the Charity. There is something for everyone. Just know that no matter what you choose, you will be giving RMHC families the greatest gift of all - the gift of being together.



## *Honor Someone this Holiday Season*

Warm someone's heart this holiday season by making a donation in their name. Your donation will mean so much to the families at RMHC as well as the person you are honoring.

- **\$20** helps cover the suggested nightly donation for a family \*
- **\$50** helps provide free care to a child on the Care Mobile \*
- **\$85** helps cover the entire cost of a night stay of a family \*
- **\$250** helps us keep a stocked pantry for a week – free for our families to use \*
- **\$720** helps us provide three night stays for a family each month \*
- **\$1,200** helps provide sixty night stays for families a year \*

To donate: <https://rmhcpgh-mgtn.org/donate/> \*



# GIFTS THAT GIVE BACK



Volunteers run our FROG Cart daily.

## FROG Cart

The FROG Cart is a hospitality cart that runs through WVU Medicine Children's weekly providing snacks, toiletries, and toys for patients and their families. To keep our cart full, we are always in need of the following items:

### FROG Cart's wish list:

- Individually wrapped snacks
- Baby toiletries
- Activities for teens

Please note that all wish list items must be new, unused and unwrapped. **Items can be dropped off directly at RMH Morgantown.**

## Water Bottle Gifts

Each year the Care Mobile Program, a partnership with UPMC Children's Hospital of Pittsburgh, provides medical services to 1,400 children in underserved communities. This holiday season you can help a child receiving a sports-related physical by purchasing a filtered water bottle. The children can then use the water bottle as they play their favorite sports.



A 40-foot doctor's office on wheels!



Keep a child cozy this season.

## Love your Melon Beanies

Make the holidays special at the Ronald McDonald House by purchasing a Pittsburgh Penguins Love Your Melon Beanie for a child who is staying here or seen on the Care Mobile. Your gift will have double the meaning because it will not only put a smile on a child's face but a portion of the proceeds will benefit the Charity.

<https://rmhcpgh-mgtn.org/lym>

## Welcome Bags

Welcome Bags are a great way to bring friends, family and or coworkers together during the holiday season. Choose a theme and fill the bags with items for RMHC families to use while they are so far from home during the holidays.

<https://rmhcpgh-mgtn.org/get-involved/>



Each family receives a bag at check-in.



Everyday Items:

# HOLIDAY WISH LIST



While toys are always a welcome donation and a wonderful gift this time of year, we are in need of other items as well during this festive season. (Only new and unexpired items will be accepted for the health and safety of our families. Environmentally friendly products are appreciated, please no Styrofoam products.) **Please contact 412-362-3400 (RMH Pittsburgh) or 304-598-0050 (RMH Morgantown) for additional drop-off information.**



### In the Kitchen

- Microwave Ovens for family apartments
- Cereal
- Grab and Go breakfast items
- Non-perishable microwave pantry items
- Paper cups (hot/cold) & Paper plates/bowls
- Plastic silverware
- Single serving snacks

### Spick n' Span

- All-purpose cleaner
- Clorox wipes
- Glass cleaner
- Liquid dish soap
- Scrubber sponge

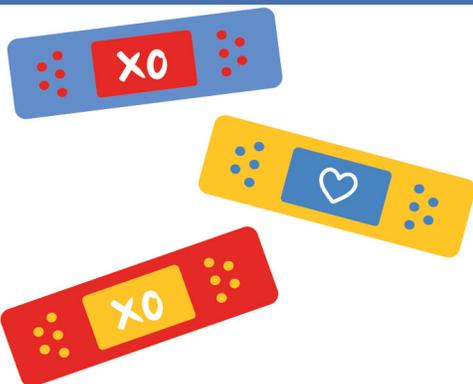
### Around the House

- 13/30 Gallon heavy duty trash bags
- Paper towels
- Trash can liners – all sizes
- Ziploc storage bags – all sizes
- Vinyl shower curtains
- Shower Curtain Hooks
- Toilet Brush and Plunger Set
- Toilet Paper Holder

### Gift Cards

Amazon, Target, Walmart, Grocery Stores, etc.

*\*Please keep in mind we have a lot of families with infants and young adults ages 15-21. Items for these age groups are also greatly appreciated.*



## Feeling Crafty?

Bring comfort to a child by making "Ouch Buddies." These comfort items mean so much to those who are so far from home.

<https://rmhcpgh-mgtn.org/get-involved/>





# Ways You Can Give: **FRIENDS & FAMILY**



## Attend an Event

Attend one of our special events and support the families we serve at our Charity. You can purchase individual or group tickets. So gather your family and friends and enjoy a special day!

<https://rmhcpgh-mgtn.org/events>



*Guests at our annual Red Shoe Ball.*



*Prepare a meal with friends and family.*

## Provide A Meal

This holiday season give the gift of togetherness by providing a meal for the families staying at the Charity. When you provide a meal, you help ease the burden of families having to be in the kitchen instead of at their child's bedside.

Sign up today: <https://rmhcpgh-mgtn.org/meals>

## Legacy Giving

Leaving a legacy in life is a great way to help others for years to come. There are many ways to make a planned gift. Let us help! Please call our Development Director, Megan Skubovius, at 412-246-1107.



*Your gift brings people together.*



*Use your passion to make a difference.*

## Get Ready to P.O.P.

Our Projects of Passion Program (P.O.P.) is a great way for individuals, groups and businesses to support our charity during the holidays. All you have to do is find your passion and turn it into a fundraiser. Be as creative as you want.

Apply Today: <https://rmhcpgh-mgtn.org/pop>



*Small Ways,*

**BIG DIFFERENCE!**



## AmazonSmile

Every time you shop at AmazonSmile, Amazon will donate 0.5% of all eligible purchases to Ronald McDonald House Pittsburgh and Morgantown. All you have to do is set up an account, choose RMHC Pittsburgh and Morgantown as your Charity and begin your holiday shopping!

Sign Up Here: <https://smile.amazon.com/ch/25-1320272>

*Smile while you holiday shop!*

## Pull Together and Make a Difference

Collect and donate pull tabs to support our Charity. The donated pull tabs are taken to a local scrap metal yard, where they are weighed and exchanged for cash. The money generated plays an important role in maintaining the high level of support for our families.

<https://rmhcpgh-mgtn.org/pull-tabs>



*These small tabs make a big difference!*



## Kroger Rewards

Register in the Kroger Community Rewards Program and designate RMH Morgantown as your Charity of Choice. Then every time you go shopping, our families will benefit.

Register here:

<https://www.kroger.com/account/enrollCommunityRewardsNow>

*Do good while you grocery shop!*

## Round-Up for RMHC

It all adds up! So the next time you are in a McDonald's Restaurant, Round-Up for RMHC. Your donation means families can be together and near the medical resources they need.

## Round-Up for RMHC



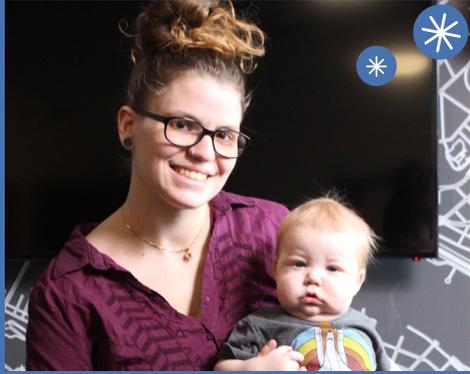
**A new way to give!**

Ask now to "Round-Up" your total to the nearest dollar and help RMHC families

*Donate spare change at local McDonald's.*



# Ways You Can Give: **CORPORATIONS**



*Provide a "home-away-from-home".*

## Adopt a Room or an Apartment

The guest rooms and apartments at Ronald McDonald House Charities of Pittsburgh and Morgantown provide a sense of security to caregivers who know they will be able to stay close to their child receiving medical care. Your sponsorship will help cover expenses for keeping the space well maintained and ready to welcome families.

<https://rmhcpgh-mgtn.org/adopt-the-house>

## Sponsor A Family

The Jacob Johnson Fund was established to help cover the costs of families staying at the Charity. When you contribute to this fund, you ensure that families can be by their child's bedside for as long as they need. Donate \$20 or more during the holidays and receive a paper ornament for your tree reminding you that your generous gift helped keep families together and near the medical resources they need.

Donate here: <https://rmhcpgh-mgtn.org/sponsor-a-family>



*Give a week, month or a yearlong stay!*



*Golfing, clay shooting and more!*

## Sponsor an Event

You have the opportunity to make a difference in the life of a child and his/her family by becoming an event sponsor. Each year, four signature events are held to support the families who stay at our Houses. As a sponsor, your organization can enjoy each event all while helping families in need.

<https://rmhcpgh-mgtn.org/ways-to-give/annual-sponsorship>

## Donate a Vehicle

Looking to get rid of a vehicle? Look no further. Donate it to our Charity through our vehicle donation program and help families stay together and near the medical care they need.

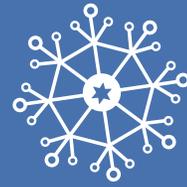
Donate Today: <https://rmhcpgh-mgtn.org/vehicle>



*Donate your vehicle today!*



# FAMILY STORY



Rebekah's pregnancy had been normal until at 26 weeks she was involved in a car accident in late January. Due to the accident, she had to have an emergency C-section and delivered her daughter, Kieryn, who weighed just 1 pound, 6 ounces at birth. She was immediately flown from their hometown to the NICU at WVU Medicine Children's in Morgantown while Rebekah was still recovering.

"When it happened, my biggest fear was where we would stay, but the Ronald McDonald House was the answer to our problem and took a huge burden off of our shoulders," Rebekah said.

"Every small detail at RMHC affected us in a positive way. From having laundry detergent and meals at our disposal to staff acting as a cheerleader for us every time we entered and exited. Everybody became a family," Rebekah said. When their other children came to visit, they enjoyed using the play room and playing video games and pool in the game room.

"I don't think my daughter would be doing as well as she is currently if it wasn't for the Ronald McDonald House. Staying there allowed me to be involved in her daily care and support her. Without the Ronald McDonald House, I would have missed so much – all of her firsts, interacting with her, learning about her medical issues, and bonding with her like I have," Rebekah said.

Although they were originally planning to stay until May, Kieryn made great progress and was released in late March after Rebekah and Rob stayed at RMH Morgantown for 63 nights. Baby Kieryn now weighs six pounds and is doing well at home with her family in Glen Dale, WV.



## THANK YOU!

Ronald McDonald House Charities of Pittsburgh and Morgantown  
451 44th Street - Penthouse Floor  
Pittsburgh, PA 15201  
[rmhpcgh-mgtn.org](http://rmhpcgh-mgtn.org)



Ronald McDonald  
House Charities®  
Pittsburgh and Morgantown